THE PULSE

NEWS OF THE NEW ENGLAND DEACONESS HOSPITAL

VOLUME VII, No. 4 MAY, 1953

DR. LILLIAN M. GILBREATH COMMENCEMENT SPEAKER

Mrs. Lillian M. Gilbreth, president of Gilbreth, Inc., consulting engineers of time and motion study, was the principal speaker at the fifty-fifth graduation of the School of Nursing at Hancock Hall on May 5. Dr. Gilbreth is the mother of twelve children and is well remembered as the heroine of CHEAPER BY THE DOZEN and BELLES ON THEIR TOES.

Bishop John Wesley Lord, presided at the exercises and introduced speakers Dr. John B. McKittrick of the staff, Miss Mildred B. Newton, Director of the School of Nursing, and Mr. Robert D. Lowry, Assistant Director.

Flora Isabel Lane of the graduating class received an award from the Alumnae Association for outstanding scholarship.

Barbara Jane Carlson and Barbara Ann Clark, second and first year students respectively, were also presented with awards. Undergraduates receiving honorable mention were Alyce Ann Baxter, Laila Carlson, Nancy Jane Hero, Alice Faye MacKenzie, Velta Mitrevics, Ruby Louisa Seagraves, and Janice Evelyn Swanson.

The sixty-nine graduates are:

Allen, Catherine Diana
Allen, Patricia Mae
Anderson, Anna Frances
Batchelder, June Elaine
Battles, Nancy Colleen
Belcher, Barbara Mae
Bolivar, Estelle Velma
Bradbury, Helen Virginia
Branch, Audrey Blanding
Brandt, Dorothea Marie
Broadbent, Shirley Isabel
Carlson, Sara Jane
*Cooper, Glenna Joanne
*Crandall, Faye Elizabeth
Cree, Barbara Joan
Day, Mary Louise
DiRico, Caroline Ann
Doucette, Lynne Elizabeth
Emery, Beverly Ann
Emery, Joan Anne
Fleming, Stella Ann
Foster, Eunice Randall
Giffin, Marjorie Louise
Goldsmith, Beth Irene
Griffith, Anna
Hesketh, Barbara Joyce
Hoyt, Winifred Carter
Jenkins, Barbara Ann
*Johnston, Martha Beryle
*Lane, Flora Isabel
*LaPadula, Audrey Jane
Loffreda, Loretta Zanazzo
Lundin, Jeannine Thelma
MacDonald, Janet Louise
Macmillan, Jean
Mannino, Marjorie Howard
Mattson, Astrid
McMahan, Elaine Virginia
McNutt, Jane Elizabeth
McTeague, Marilyn Ann
Monterio, Rita Emily
Morton, Mililani Paoa
Mowry, Pearl Roberta
Phillips, Ellen Saben
Pickering, Joan Elizabeth
Pilgrim, Ruth Louise
Reed, Nancylee Virginia
Richards, Dawn Marilyn
Robie, Margaret Campbell
Ross, Rena Mae
Russell, Cynthia Jean
Sanford, Evelyn May
Sargent, Constance Hopkins
Schofield, Ruth Beryl
Schucker, Judith Ripley
Shannon, Mary Priscilla
Silva, Joan Marie
Somes, Carol Eleanor
Stewart, Beverly Louise-Blondell
Straut, Klara Hermina
Taylor, Janet Louise
Thomas, Deborah
Vaughan, Dorothy Ann
Warwick, Nancy Elizabeth
Washburn, Martha Willis
Webb, Constance
Whitney, Phyllis Joanne
Wolk, Gretchen Murphy
Zinck, Nancy Louise

* *Honorable Mention*

Photo by J. Coyne

Graduation Night for the Fifty-Fifth Class at John Hancock Hall, May 5, 1953. The first row of graduates starting for their diplomas.

NEW ENGLAND HOSPITAL CREDIT GROUP

The 32nd Annual Conference of the New England Hospital Credit Group was held on Monday and Tuesday, April 27 and 28 at the New Ocean House, Swampscott. Mr. Milton B. Nelson, Chairman of the Hospital Group of the Retail Credit Grantors of New England and Credit Manager of the New England Deaconess Hospital attended.

Representatives of hospitals in all of the six New England States spoke during the two-day assembly. Discussions were based on the increasingly complex problems of hospital credit and aimed at the solution of such problems for community as well as general hospitals.

★

DEDICATION DAY

JUNE 9, 1953

THE PULSE

MAY, 1953

NEW ENGLAND DEACONESS HOSPITAL
Boston 15, Massachusetts

Published by the Personnel and
Public Relations Departments

REUNION OF CLASS OF 1928

Eighteen members of the class of 1928 of the New England Deaconess Hospital reunited on May eighth in commemoration of their graduation twenty-five years ago. Mr. Robert D. Lowry, Assistant Director, greeted the class at 1:30 P. M. in the Elliott P. Joslin Auditorium. Former instructors Dr. F. Gorham Brigham, Dr. Harvard H. Crabtree, Dr. Howard F. Root, and Dr. Priscilla White then addressed the group.

After a guided tour of the new buildings, tea was served in Harris Hall. Employees who have been here twenty-five years were also invited.

A reunion supper was held at the home of Mrs. Francis Leonhardt, 11 Madison Road, Wellesley, where the group reminisced about old times. Those present at the reunion: Mrs. Ruth Chamberlin, Mrs. Stanley Cheney, Mrs. Francis Crosby, Mrs. V. K. Dahlquist, Mrs. Walter E. Gage, Miss Helen Green, Mrs. R. S. Hartsma, Mrs. Elmore Howes, Mrs. Francis Leonhardt, Mrs. Louis Livermore, Miss Mildred Lorrey, Mrs. James McLaughlin, Mrs. Samuel McLaughlin, Mrs. Raymond Pannier, Mrs. Andrew Pike, Mrs. Donald L. Sabine, Mrs. Oscar Simpson, Mrs. Ronald Simpson and Mrs. Carl R. Wallis.

STUDENT NURSES 25 YEARS AGO

Our entrance requirements were:

1. 18 years of age or over, and single.
2. A high school diploma with necessary subjects and good average marks.
3. A Protestant church member.
4. Good character.
5. Three good recommendations (minister included).

We were 35 ambitious, frightened teen-agers, most of us stepping out into the big world for the first time. We only knew that we wished to be a part of a great nursing profession that seemed such a worthwhile life. The same as all classes, we plugged and struggled to get through Simmons College and the probationary period. Of course, like many classes, we lost a few of our members either by poor grades or matrimony. Twenty-one of us remained to complete our training.

Twenty-Fifth Reunion of the School of Nursing, Class of 1928, on May 8 in Harris Hall. 1953 graduates Constance Webb, center left, and Mary Priscilla Shannon display the 1928 and 1953 student uniforms respectively.

Our uniforms differed only inasmuch as we wore black shoes and stockings, and long sleeves with a white stiff cuff. We could remove them and roll up our sleeves only if we had to scrub for a sterile treatment. Our uniform was a plain blue dress for the first six months; then, if our grades permitted, we wore the stripes. Hair-nets were also an important part of our uniform. Long hair was a "must" when we entered training, so many of us came equipped with "switches" of artificial hair, which we laboriously pinned on over our short hair, until it grew out.

During our first year in training, the entire student body was summoned individually to the Superintendent's office where we were asked if we had ever smoked. If we admitted we had ever tried it, we were sent home for three months. Two members of our class were among those so disgraced.

Harris Hall at that time was a stucco structure covered with beautiful ivy, its location then being the left wing of the present building. As this building was filled, and renovation and construction had not yet started, our class was placed in three wooden houses surrounding the hospital. However, in our second year we had the honor of being the first class to live in the new Harris Hall. The new Palmer Memorial also came into existence during our training.

Probably most of our schedule ran about the same as the students of today. In the dining hall each class had its own long table with white linen and napkins. We were expected to furnish our own napkin rings. A waitress, dressed in black with white crisp apron and cap, was assigned to each table. At each meal we were carefully watched by the Training School Office table for any sign of indignity or ill manners. It was felt that we must learn our table manners well, as some day a private case may take us to a wealthy home where our etiquette might reflect on our school. There, too, we had our morning devotions before going on duty. Reverend Leslie also had to appear at 6:30 A. M. breakfast once a week, so he could read us a few verses from the Bible, give a ten minute talk, followed by a prayer, while we all knelt by our chairs. Then we all filed out according to our class seniority. Upon arriving at Pilgrim Road entrance, a hymn was chosen while we gathered around the piano; then we sang to our patients. It could be heard throughout most of the building, and the patients looked forward to it each morning and after supper. Those that were able often rolled their wheel-chairs or walked down to watch us. To us who had so very much to do it seemed a waste of time, but we realize now how much it meant to the patients.

Each nurse was assigned a ward or its equivalent. We usually stayed in a ward for a full month. No matter how ill our patients, that entire ward was our responsibility and medications, too. We had to so plan our work that even ice-caps (all goiter cases then had three ice-caps on all

Photo by J. Coyne

1953 Graduating Class leaving Saint Mark's Methodist Church following the Baccalaureate Services, Sunday, May 3, 1953.

times) and every sippy powder must be given on time. No patient was then allowed to take his own powder or any other treatment. The nurse must stop and go to the kitchen for a tray and return with each powder. Intravenouses or subpectorals were all given by the doctor or interne. Therefore, it was the responsibility of the nurse to prepare for, assist with, and clean up after, as well as watch the patient. Every medicine, with the exception of A.C. and P.C. and all dressings were taken care of by the nurse in her ward.

There were many other small differences that could be mentioned, but space does not permit.

Our nursing care in those days was very important to the life of our patient. We had no sulphur drugs, pennicillin, or aureomycin. We had to help them fight for their lives with encouraging words, and that very important extra bedside care to keep them quiet and comfortable. There was a big sense of a job well done when a difficult case was finally allowed to sit up for the first time. The doctors realized how important our efforts were, and often praised us. It certainly made our extra hours on duty (many nights until 9 P. M.) and our hard work seem worth while.

It was all hard and exacting, but good.

We are deeply grateful for the fine training our Nursing School gave us.

MRS. MARION SABINE, *Class of 1928*

Heartfelt thanks to all those who remembered us in our grief.

MRS. HENRY DAVENPORT
MISS MURIEL H. LUND

NEW BOOKS

Current novels recently added to the library on Palmer 6 include:

A Boy in the House — De la Roche (short stories)
The Boyds of Black River — Edmonds
Desiree — Selinko
The Galileans — Slaughter
The Hour Awaits — Cost
I and my True Love — MacInnes
Joel, a novel of young America — Kubie
Love for Lydia — Bates
The Stones of the House — Morison
The Velvet Doublet — Street
The Case of the Grinning Gorilla — Gardner
Dress Rehearsal — M. Dickens
The Gentle Kingdom of Giacomo — Wells
A King Reluctant — Wilkins
Murder on the Frontier — Haycox
The Plantation — Pierce
Prisoner's Base — Stout
The Shroud off her Back — Ransome
Twenty-eight Science Fiction Stories— Wells
Spark of Life — Remarque

Checking lists for the New England Deaconess Hospital Pops Night, which was held Friday, May 8, are Mrs. Eugene Mather, Mrs. Richard S. Paige, Chairman, and Miss Pamela Whitney, who was again in charge of the sale of flowers by the Junior Friends.

Photo by J. Coyne

Photo by J. Coyne

A shower was given for Miss Pamela A. Whitney by the Friends of the Deaconess on Tuesday, May 5, 1953. Miss Whitney is shown opening her gifts while Mrs. Frederic T. Lewis, Mrs. Sheldon E. Wardwell and Mrs. Calvin Childs look on.

CONGRATULATIONS

The Deaconess bowling season ended triumphantly for Dr. Cook's team, No. 1, and was celebrated by all members of the Bowling League at the annual banquet at Blinstrub's Village on May 14. This dark horse team, in eighth place until the playoffs, won all three playoff contests, beating Mr. Sabine's team which ended the year in first place. The standing of the teams at that time was as follows:

Team	*Points*
Mr. Sabine	83
Mr. Emery	76
Mr. Lowry	67
Mr. Schraub	66
Mr. Bettinelli	66
Mr. Makrokanis	61
Mr. Marotta	55
Dr. Cook	52
Miss Fossati	40
Miss Hankinson	33
High Averages for Year	
Margaret Cote	85.3
Charles Schraub	96.54
High Singles for Year	
Anna White	112
Charles Schraub	141
High Three-String Totals for Year	
Anna White	315
Mr. Lowry	347

ALPHA CREDIT UNION

The Alpha Credit Union, completing its tenth year on June 19, expects to vote a semi-annual dividend at the next meeting. Please bring your books in order to have the dividend entered for the period ending April 30.

Mrs. Beryl Paine and Miss Lilla Anderson attended the Credit Union League of Massachusetts convention at the New Ocean House, Swampscott, on May ninth.

MASSACHUSETTS DIETITIC ASSOCIATION

On Tuesday, May 5, 1953, the Massachusetts Dietetic Association, of which Miss Effie M. Winger, Chief Dietitian of the New England Deaconess Hospital, is president, held its annual business meeting at the Elliott P. Joslin Auditorium at 5:00 P. M. Following the business meeting, dinner was served in the cafeteria to ninety members.

One guest suggested that the new cafeteria be called the Bermuda Room, as the colors, the large windows, and the lighting reminded her of the architecture of Bermuda.

Before the evening program, tours were conducted through the bake shop, main kitchen, special diet kitchen, and the store room, and the refrigerators. Many others came for the evening session and nearly 200 people made the tour.

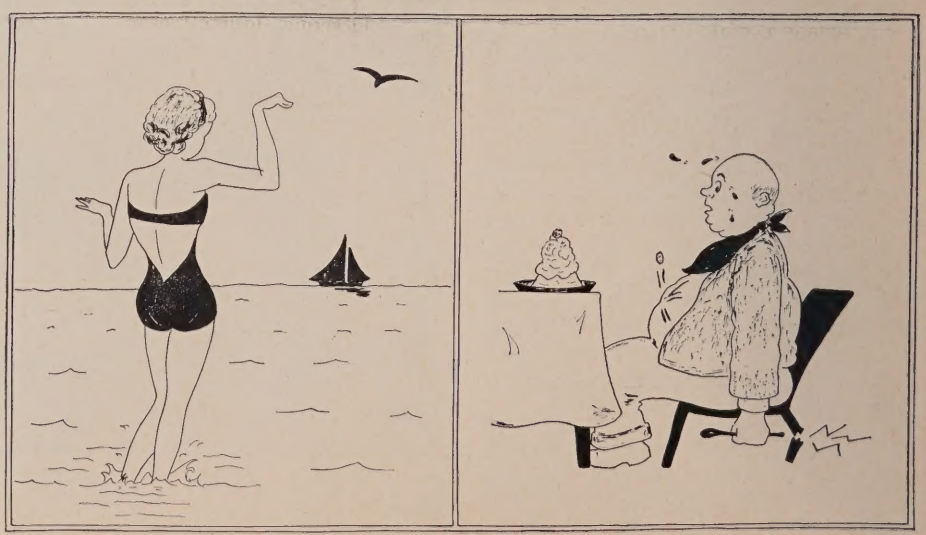
Dr. Elda Robb, Head of the Home Economics Department, Simmons College, was the guest speaker of the evening. Only three days before, Dr. Robb had returned from an assignment in Israel where she had gone for UNESCO to equip and supervise the curriculum of a new home economics college in Jerusalem. She spoke most interestingly about the civilization of Israel and showed colored slides of her work and travels.

The small, still beginning, the simple hardship, the silent and gradual struggle upward, these are the climate in which an enterprise really thrives and grows.

—Florence Nightingale

The work an unknown good man has done is like a vein of water flowing hidden underground, secretly making the ground green. *—Carlyle*

Are You TOPS* ?



* Taking off pounds sensibly.